

Escape

Spa & Reflexology



Welcome to EscapeSpa



Rejuvenate, Renew and re-energize yourself! Trained in the art of restorative healing massage, our therapist at Escape Spa and Reflexology will serve you with a choice of traditional and modern treatments. Grand Ixora Package of Escape Spa and Reflexology is the perfect treatment to throw away your jet lag effect. Come and enjoy Balinese's quintessential massage experience. Escape Spa is the best place to pampering and reviving your mood of holiday in the tropical island of Bali.

重焕活力，让自我重新焕发崭新活力！Escape按摩和足疗师接受专业性恢复愈合按摩培训，将为您提供传统和现代结合的完美治愈。巴厘岛怡舒樂按摩和足疗是消除时差的完美水疗项目，快来热带岛屿最为适合放松身心、恢复度假心绪的场所享受巴厘经典按摩。

Dewata Massage

1.5 hours
IDR 330.000

Dewata按摩 1.5小时

This massage is performed using the traditional techniques incorporate palm pressure, knuckles, and firm fingers. The result is to release the muscle stiffness, powerfully re-energized and balanced

此按摩采用传统手法结合手掌压力、指关节和紧致手力，释放肌肉僵硬，有效恢复活力和保持平衡。

Stone Massage

1.5 hours
IDR 325.000

热石按摩 1.5小时

Hot stone massage therapy melts away tension, eases muscle stiffness and increases blood circulation. each therapy session promotes deeper muscle relaxation through the placement of smooth, water-heated stones

热石按摩疗法可消除紧张，缓解肌肉僵硬，增强血液循环。每项水疗可都通过光滑、温热石头来促进肌肉深层放松。

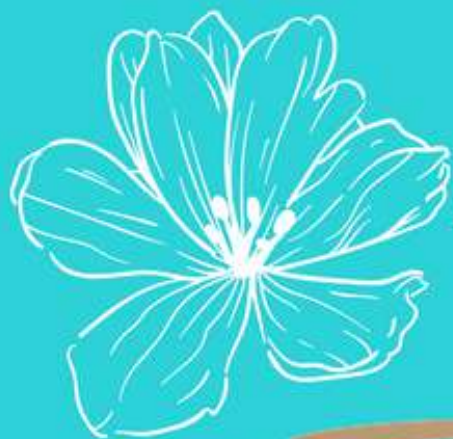
Refreshing Massage

1 hours
IDR 250.000

清爽按摩 1小时

A deeply relaxing massage incorporating a traditional massage technique with aroma therapy. a powerful combination to restore balance of the body and mind

融合传统按摩技术和芳香疗法的深度放松按摩，来恢复身心平衡。



ALL PRICE ARE SUBJECT TO 21% TAX & SERVICE CHARGE
所有价格均需缴纳21%税费和服务费



Refresh Facial

面部清爽按摩 1小时 1 hours | IDR 220.000

Using fresh and natural ingredients with a gentle face massage, it is effective to enhance skin appearance and to restore your skin's beauty.

使用新鲜天然的成分，配合温和面部按摩，有效提升肌肤外观，恢复肌肤亮丽。

Body Scrub & Body Mask

身体磨砂膏和体膜 1小时 1 hours | IDR 200.000

Exfoliation is the removal of dead skin cells that usually appear on the top layer of skin. you became a new skin as it shows the dead skin cells on the top layer peeled off. you begin to notice that your skin is no longer dry or oily.

去角质是去除脱落皮肤表层死皮细胞，来焕发新亮肌肤；也可发现肌肤不再干燥或油腻。

Foot Reflexology Aroma Therapy

足部舒缓芳香按摩 1小时 1 hours | IDR 165.000

A refreshing ritual beginning with an aromatherapy foot. Pressure point in the feet are stimulated using Asean style pressure point massage. Deep relaxation promotes healing from within.

一个清新的仪式开始于芳香疗法的脚。足部的压力点是通过东盟式的压力点按摩来刺激深度放松，促进内在愈合。

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Deep Tissue

深层肌肤 1小时 | 1 hours | IDR 300.000

Performed with compassionate healing intent, uses energy boost to soften the muscular system and stimulate energy flow. Recommended for those who recovery after exercise.

展现富有活力的安抚水疗方式，通过软化肌肉系统来提升能量机能和刺激流动；推荐运动后极速恢复人群

Full Back Massage

背部舒缓按摩 45分钟 | 45 Minutes | IDR 175.000

Special slow massage on back, neck, and shoulder to relieve tension, headache and backache.

对背部、颈部和肩部进行特别舒缓按摩，缓解紧张、头痛和背痛。



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The Grand Ixora Package

3 hours | IDR 540.000

怡舒樂套餐 3小时

The Package consist of : Foot Bath with Salt & Essential Oil, Refreshing Massage with Sensual Oil, Body Scrub & Body Mask, Facial, Relaxing Bubble Bath, Serve Drink

套餐包括：含海盐和精油的足浴、精油清爽按摩、全身磨砂体膜、面部护理、舒缓泡浴及饮料

The Escape Package

2 hours | IDR 475.000

Escape套餐 2小时

The Package consist of : Foot Bath, Foot Relaxing, Slow Back Massage, Refresh Facial, Serve Drink

套餐包括：足浴、足部放鬆、緩慢背部按摩、清爽面部護理、提供飲料

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Manicure and Pedicure

美甲和修腳 1.5小时 1.5 hour | IDR 200.000

A manicure and padicure can enhance the appearance of the nails, promote healthy nail growth, and provide a relaxing and pampering experience.

美甲和修腳可以美化指甲的外觀，促進指甲健康生長，並提供放鬆和呵護的體驗。

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